

Volunteering Information

for

The John Paul College...

Community Companion

FOOD & OUTREACH TRAILER

EST. 2014



**JOHN PAUL
COLLEGE**

with Him is the fullness of life

THE VISION

Our Mission enhances our vision to serve as He has served...

The JPC Community Companion draws its purpose and mission directly from the vision and values of John Paul College. We recognise the service and charism of our founding orders, Sisters, Faithful Companions of Jesus and the Marianists. The Companion's foundation is born out of the enthusiasm, endeavour and altruism of all its members but particularly that of the young people of JPC. This is core to our belief that "...every member of our community is empowered to achieve success, act with integrity and contribute to the common good – Christian discipleship for a just world." Nothing is more central to our discipleship with Jesus than issues of social justice and our capacity to facilitate change within our own community.

BACKGROUND & HISTORY

The Community Companion was created by the students of John Paul College in response to the heightened need of homeless and marginalised in our local community. The students saw the injustice of poverty and wanted to do something about it, not just talk.

As a result, they fundraised some \$12,000 to purchase the food trailer and further fundraising to outfit and stock it with food.

The students chose the name, Community Companion, to highlight the goal of not only providing food for the hungry but also providing respectful companionship acknowledging the dignity of each person who attends.

Since August 2014, the Companion has been heading into central Frankston each and every Tuesday from 5pm until 7pm handing out hot food, hot drinks, food parcels, blankets, clothing and most importantly kind conversations with those who are homeless or marginalised in our community.

The Companion is staffed by student volunteers each week, together with staff of JPC. It provides this service through the generosity of donations from students, their families and the broader community. This project receives no funding from government or any agency and is completely reliant on donations.

OUR GOAL

The aims of this initiative are:

- Provide a greater number of students with an opportunity to volunteer
- Provide community outreach stemming from our faith of service to the poor and marginalised
- Educate our young people on issues of poverty, homelessness & marginalisation within their local community
- Empower our young people to be agents of change

Our goal... "to provide each person with pre-packaged food and warm drinks and/or hot food from our trailer, as well as warm smiles, great conversations, kind encounters & sense of hope."



Volunteering on the Companion

YOUR ROLE: Volunteer Preparation Assistant and Food Deliverer

DAY & TIME: Thursdays 4:00pm until 7:30pm

MEET at: John Paul College - Stella Maris Centre SM1 kitchen – Enter gate 8

John Paul College Community Companion provides pre-packaged food, tea, coffee for those who seek them. This predominately includes people living on the street, in crisis accommodation, or in situations which mean that buying food is a struggle.

It is vital that volunteers adhere to the processes and procedures of the volunteering work of John Paul College at all times.

On behalf of all the existing volunteers on the trailer, we would like to thank you immensely for your interest in helping us make a positive difference.

All volunteers must meet at the Stella Maris centre at **4.00pm**. **Being on time is greatly appreciated** –volunteers help prepare the trailer and stock it with supplies.

- Please “sign-in” on arrival.
- While in Frankston volunteers must not leave sight of the van or other volunteers
- Please be respectful of all people, volunteers and staff throughout the experience.
- Food safety requirements must be adhered to at all times – see below.
- The finish time is approximately **7.30pm**. Please remember to “sign-out” on the form provided before you leave.

WHAT TO WEAR

The following dress code must be adhered to for both safety and practicality:

- Wear flat **closed toed shoes** –no thongs, high-heeled shoes, sandals etc.
- Wear comfortable loose fitting clothes
- Remove all jewellery where possible – due to safety and hygiene concerns.
- During winter it can become **VERY** cold and windy. Bringing a rain proof jacket and beanie is advised.
- Plastic gloves will be supplied.
- Do not wear identifying clothing: i.e. items with your name on them
- Avoid wearing items with expensive branding on them

Runners, jeans, jacket and a T-shirt is the ideal outfit

VALUABLES Please avoid bringing any valuables or excess bags as it is difficult to guarantee their security. You will have the ability to leave your items in the Stella Maris kitchen where it is locked and secure.



Time	Task / Activity
4:00pm	Volunteers meet at Stella Maris Centre – Sign in.
4:00pm – 4:50pm	<p>Volunteer driver collects keys for ute & Stella Maris Centre kitchen.</p> <p>Volunteer driver collects trailer from Maintenance shed and drives it to Stella Maris centre. Stocking of trailer & food preparation</p> <ul style="list-style-type: none"> • Assist in the stocking supplies into trailer • Boil water in urns and transfer to thermos • Transfer milk into esky on trailer. • Load bread into trailer. • Prepare cheese sandwiches for toasting • Make up food parcels for distribution • Ensure all are wearing 'high vis' vests provided. • Volunteer driver transports the trailer to location in Frankston. • Remaining volunteers car pool to location
5:00pm – 7:00pm (approx)	<p>When reaching Frankston, driver of ute needs to collect ORANGE folder from ute and remove the council parking permit and display it on the dashboard of the ute.</p> <p>At any given time there should be: 2 volunteers outside 2-3 inside the trailer.</p> <p>Power – is available at the site. Please use the ladder provided to place extension lead into power supply on light pole then to the Companion. Please use ladder safely</p> <p>Tasks whilst on street:</p> <ul style="list-style-type: none"> • Smile and greet people as they approach or walk by the trailer • Offer all food and drinks that you have available to all that seek it • look out for each other and each others safety • As with all soup vans / outreach vans like ours, remember that many people on the street who are homeless or marginalised simply want someone to talk to who treats them with <u>dignity and respect.</u>
6:50pm – 7:30pm	<p>Clean Up at site</p> <p>Volunteers clean as well as practical, <u>inside</u> the trailer: This includes:</p> <ul style="list-style-type: none"> • wipe down benches • pick up any rubbish and place in bin • store any loose items / left over items in boxes <p>Volunteers clean as well as practical, <u>outside</u> the trailer: This includes:</p> <ul style="list-style-type: none"> • pick up any rubbish in immediate area around trailer and place in bin in the trailer itself or in public rubbish bins. Note: rubber gloves and metal tongs provided. <p>Volunteers then return to John Paul College to Stella Maris centre.</p> <ul style="list-style-type: none"> • stopping at Stella Maris, empty hot water thermos and place in kitchen to dry • Place any perishables left over in fridge • Empty Companion rubbish bin (wheelie bin located in court yard of Stella Maris) • Return trailer to JPC Maintenance shed (park ute with trailer attached near shed) • fill in record / communication book (number of people served/issues with trailer, things needing attention) • lock external college gates upon leaving (if needed).

Drivers:

- Please ensure the trailer and ute are locked at the end of the evening.
- Return keys as directed by John Riddle.
- **Position of trailer and driving routes —Please See Map overleaf**



Emergencies

The following procedures are provided in the event of an emergency during the course of the evening:

Volunteer accidental injury:

- If severe please call ambulance via 000 immediately
- If moderate, safe to do so and with consent, transport volunteer to medical attention

Hostile / violent actions by persons attending the trailer where unable to diffuse through conversation, options include:

- Immediately call the police via 000 using college mobile phone
- Remove volunteers to a safe well lit area if safe to do so and call for assistance
- Seek safety inside lockable trailer or ute or volunteer cars and call for assistance
- Immediately cease operation for the evening and return all volunteers and trailer to John Paul College
- Contact John Riddle – Director of Faith & Mission – John Paul College.

NOTE: there is a small first aid kit located in the Companion.





The John Paul College...

Community Companion

FOOD & OUTREACH TRAILER

Companion & Ute Collection Point

Companion Driving Route to Stella Maris

Main Administration / Student Services

Stella Maris Centre Kitchen

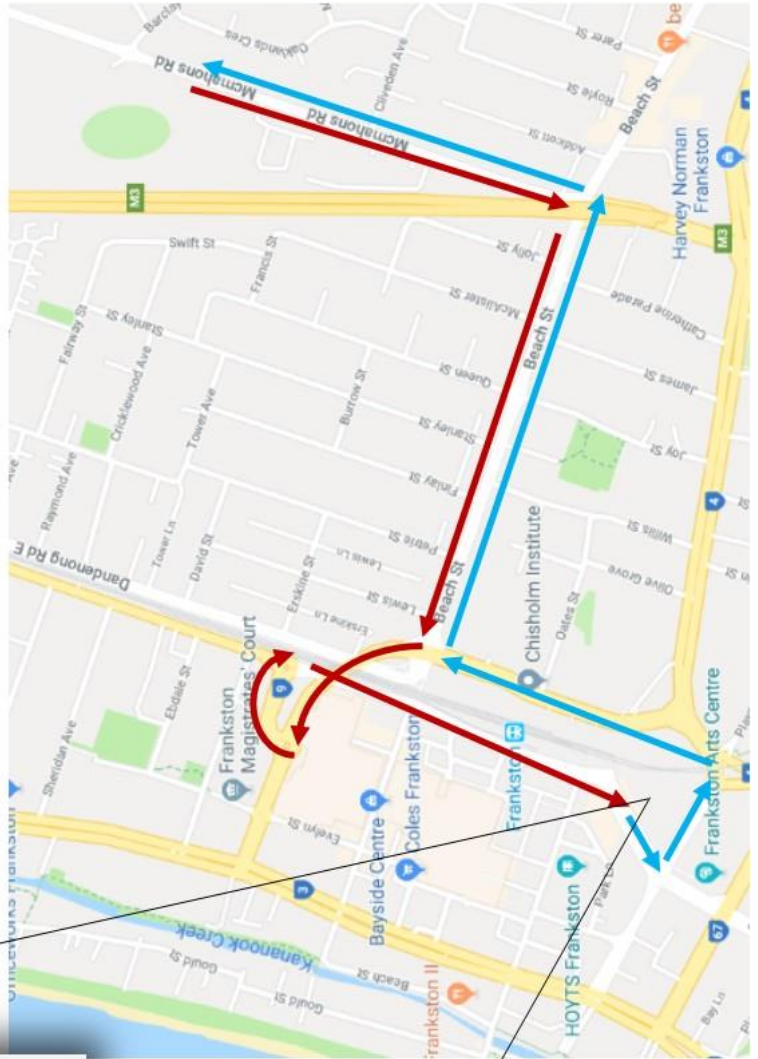
Gate 8



McMahon's Road

The John Paul College...
Community Companion
FOOD & OUTREACH TRAILER

Driving Routes



The John Paul College...

Community Companion

FOOD & OUTREACH TRAILER 2018



Soooo many!



Conversations, treating people with dignity and respect... too many to count!!!



SERVICE
824 hours



A Helping hand...

From so many in our community

- Langwarrin Football Club Under 13's
- Bakers Delight Karingal
- Food bank Dandenong
- St. John's Primary School Frankston
- St Francis Xavier Parish Youth Group
- St. Josephs Parish & Primary School Chelsea
- St. Anne's Parish Seaford
- The Cupcake Queen, Frankston
- And many anonymous contributors

